

SCHEMA THERAPY

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schema therapy center

BELGRADE



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Schema therapy center Belgrade is ISST approved training center created and run by Dr Tijana Mirović and Dr Christina Vallianatou.

Coming from two countries, we are proud to say that our center's main characteristic is **diversity**!

We are present **in various Balkan countries**!

We have trainees and supervisees from **various countries** (Serbia, Greece, Croatia, Bosnia & Herzegovina and UK) and different socio-cultural and religious backgrounds.

We have trainees and supervisees who are trained in a **variety of approaches**: CBT, REBT, ACT, CFT, Systemic Family Therapy, Psychoanalytic psychotherapy, Psychodrama, EMDR, and Person Centred Therapy.

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We have cooperated with various organizations and introduced Schema Therapy to:

- American Chamber of Commerce – AmCham Serbia
- Serbian Medical Society
- Serbian Union of Associations for Psychotherapy
- Student Cultural Centre

We have **cooperated with colleagues from various Universities** in Serbia, Bosnia & Herzegovina, Croatia and Macedonia.

Our various training programs and activities include:

- ISST-approved training in schema therapy including basic and advanced certification
- Workshops on special topics such as eating disorders, anxiety disorders, (war related) trauma etc.
- Preventive programs based on Schema Therapy (i.e. Good enough parenting program)
- Education of the general public about Schema Therapy
- Research and writings on Schema Therapy